An Extract (3 sample pages) from Pupil's Personal Log Book

The 2011 PRO-Active In-Car Coaching System for L Drivers

Please bring this Log Book with you to every lesson. It will record your progress and allows us both to see how successfully your driving lessons are progressing. This is your very own learning log. BUT you need to work too.

THE LEARNER DRIVER'S LOG BOOK & SYLLABUS

PERSONAL DETAILS Driver Name:	Telephone No		
Address:			
Contact Tel Number		Appointment	venue
Date started Training		Date	
Eyesight checks (at least every 3 mo	nths)	Dates	
Licence check:		Date	
First lesson booked:		Date	
Theory Test booked:		Date	
Theory Driving Test: Applied / Passe	ed	Dates	
Practical Driving Test:	Applied /		Date Booked

Pass Plus Training: when you have passed your test you will be at your most vulnerable. Ask about Pass Plus training to reduce your insurance premiums

Before you begin your lessons ...

Part One

Taking your driving test is a vital stage in the life of most youngsters. It is seen as a rite of passage by many; and there are probably as many 'fairy' stories about learning to drive and taking driving tests as there are driving tests taken every year. However, there is one simple statistic which you, as a new driver or potential driver, can easily change. For many years the pass rate, that is the percentage of those who pass their tests first time, has been dramatically low. For every thousand tests fewer than four hundred and twenty pass: (41.9%). Regrettably many learner drivers approach their first test thinking they can use this first one for practice; expecting to fail first time just for the experience. Just think who really gets that experience.

This Log Book has the twin aims of teaching all the absolute necessities required to pass the driving test; coupled with this structured training programme aimed to allow you to learn how to drive safely, competently and capable of avoiding that deadly statistic that says that new drivers are more than twice as likely to be killed on the roads than any other group of drivers.

The cost of the fifty minute driving test is considerably more than the price of a single driving lesson. (It is a peculiar fact: the DSA charges you more for the driving test, than almost any instructor does, and yet instructors have to incorporate the wear and tear and mileage costs of the car in lesson fees). Rather than using a driving examiner for your first 'practice' test, why not invest in an extra lesson or three, and save money and time to make sure that you too join the relatively few drivers who pass first time – (fewer than 40%).

By using this Log Book all new drivers will be able to follow a safe learning pattern which will guarantee they become good safe drivers and are able to assimilate the necessary skills and behavioural applications to avoid becoming another most stupid of all statistics: another unnecessary road death; through inexperience; through lack of training; through lack of care; or the sheer stupidity of assuming it will never happen to you.

There are three simple rules to follow to do this:-

- learn how to drive safely using a fully structured training programme;
- listen, learn, understand and put into practice, all that you learn; and
- make full use of your professional instructor's vast knowledge and understanding of the subject you are studying.

Tutors /Coaches will be fully aware that basic skills are only learned when clients can clearly, constantly, and competently, demonstrate their vehicle control skills under both straightforward manoeuvres and also under stress conditions in tight spaces. Learn the lessons they offer and believe their praise when offered.

Manoeuvring the Vehicle.

Date

This is the critical stage when learning to drive. Before you are able to master the clutch and accelerator you always feel that traffic situations are controlling you and your driving. You will need to spend a long time on each of these stages.

	Α	В	С	D
Able to reverse safely and smoothly in a straight line				
Able to reverse round a corner to the left, on level ground				
Able to turn the vehicle in the road, using forward and reverse gears; safely and correctly, with due regard to all other road users And accurately with regard to various widths of road and position of street furniture and obstructions.				
End of Stage 5				
Able to reverse round a corner to the right, on level ground				
Able to reverse to the left and right, while on all types of gradient				
Able to turn the vehicle round in a confined space				
(such as car park, including multi-storeys), correctly and				
safely, under full control,				
correctly positioned and				
with maximum observation and care for all other road and car park users.				
End of Stage 6				

(Space left for your Notes)

If you wish for a copy of this please contact the author, Professor Peter Russell at 32b Thorold Road Southampton SO18 1JB Tel: 02380 582480

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Personalised Template for you to give or sell onto your pupils with pages personalised to your Driving School or yourself.